

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 CARDS,GAMES & PUZZLES M-F Your Choice	2 Exercise to video @10am Puzzles cards & games Bunco 1-4pm Zumba 5-6pm	3 Strength Training @10 Census Recruits 11-1pm Be an Athlete at any Age @ 11am	4 Seated Strength Exercises 10am Hoop Shoot 10-12 Rummy Tile 1pm Grams & Grands 5-6:30pm	5 Strength Training @10 Knitting 11-1:30p Nutrition (Choosing Healthy Meals)	6 Exercise to Video @10 Hoop Shoot 10-12 Canasta @ 12 GFS 1pm @FSC	7 TRIP: Franciscan Monastery of the Holy Land Friday March 13th 9:30-3:30pm \$30.00 person.
 <small>Daylight Saving Time Begins</small>	9 Exercise to video @10am Puzzles cards & games Bunco 1-4pm Zumba 5-6pm <small>Purim Begins</small>	10 Strength Training @10 MAP (Property & Renters Tax Credit) Matthew Dodd	11 Seated Strength Exercises 10am Hoop Shoot 10-12 Rummikub tile game 1-3:30pm	12 Strength Training @10 Knitting 11-1:30p Canasta 12-3:30 Volleyball 4-6pm	13 Exercise to Video @10 Hoop Shoot 10-12 Canasta @ 12-3:30pm	14 TRIP: TranquilaTEA Room Friday March 20th 10am-2:00pm \$45.00 person
15 ST. PATRICK'S Songs & Stories with Matthew Dodd March 10th \$8.00 person	16 Exercise to video @10am Puzzles cards & games Bunco 1-4pm Zumba 5-6pm	17 Strength Training @10 Nurse Steve A Good Night's Sleep? Right!! <small>St. Patrick's Day</small>	18 Seated Strength Exercises 10am Hoop Shoot 10-12 Rummikub tile game 1-3:30pm	19 Strength Training @10 Knitting 11-1:30p Canasta 12-3:30 Volleyball 4-6pm <small>Spring Begins</small>	20 Exercise to Video @10 Hoop Shoot 10-12 Canasta @ 12 Movie & Popcorn 1-3:30pm	
22 (Rummikub) Rummy Tile Game	23 Exercise to video @10am Puzzles cards & games Bunco 1-4pm Zumba 5-6pm	24 Strength Training @10 Trivia @ 11 Bingo @ 12 (Think Spring)	25 Seated Strength Exercises 10am Hoop Shoot 10-12 Rummikub tile game 1-3:30pm	26 Strength Training @10 Knitting 11-1:30p Canasta 12-3:30 Volleyball 4-6pm	27 Exercise to Video @10 Hoop Shoot @10 Canasta @ 12 Chuck Fisher 1pm @ Urbana	
	29 Exercise to video @10am Puzzles cards & games Bunco 1-4pm Zumba 5-6pm	30 Strength Training @10 Memory Café 11-1pm				